


SKINNY *menu*

Reduced Calorie Options for a Healthy Life Style

{  Skinny drinks are made with nonfat milk and sugar-free syrup, chocolate sauce, or chai tea concentrate. }

Hot DRINKS

SKINNY LATTE (12oz about 101 calories)

12oz \$2.20

16oz \$2.50

20oz \$2.80

SKINNY MOCHA (12oz about 121 calories)

12oz \$2.20

16oz \$2.50

20oz \$2.80

SKINNY CHAI TEA LATTE (12oz about 101 calories)

12oz \$1.95

16oz \$2.25

20oz \$2.55

Cold DRINKS

SKINNY ICED FLAVORED LATTE (16oz about 114 calories)

16oz \$2.50

24oz \$3.00

SKINNY ICED CHAI LATTE (16oz about 114 calories)

16oz \$2.50

24oz \$3.00

INGREDIENTS

8oz of nonfat milk – 91 calories

2 shots of espresso – 10 calories

1 Ounce Sugar Free Syrup – 0 Calories

1 Ounce Sugar Free Chai Tea – 0 Calories

1 Ounce Sugar Free Chocolate Sauce – 20 Calories



HIGHER GROUND
coffee shop